

The Nourish Hub

Hospitality Menu

Allergens Notice

If you suffer from a food allergy or intolerance, please make the catering team aware, so we can prepare your food accordingly.

Every care is taken to avoid cross contamination when processing a specific allergen free order. Please note that we work in a kitchen that processes allergenic ingredients and do not have a specific allergen free zone.

We ask that you communicate any of your concerns to our trained staff and we will ensure your food order is delivered correctly.



Breakfast

A selection of breakfast pastries & chilled
Orange juice or Tea & Coffee

£3.25

Hot local recipe Pork Sausage or Streaky
Bacon Stotties, Chilled Fresh Orange Juice
or Tea & Coffee

£3.50



Beverages

Tea & Coffee

£0.40

Tea, Coffee & Biscuits

£1.50



Sandwich Lunch

Served with a Soft Drink

A selection of freshly made Sandwiches, wraps & rolls, served with artisan crisps & a can of Flawsome British Orchards fruit presse.

£5.75



Wellbeing Lunch

Served with a Soft Drink

A Seasonal Salad & Protein of the day
Poke bowl, spring vegetable Kimchi, Chili
Dressing.

£7.75

Seasonal Fresh Fruit & berry platter

Lemon, Turmeric & Ginger Hydration Station



Dine in the Nourish Hub

A main, drink & cake

£6.95



Cold Buffet

Served with Orange Juice

Tyneside Charcuterie Board, Prosciutto, Salami, Chorizo & Bresaola, Marinated olives, sun blush tomato's Buffalo Mozzarella, fresh plum tomato, Hand crafted focaccia, Shaved parmesan, Peppered rocket & torn Basil

£9.50

Seasonal Fresh Fruit & berry platter

Chilled Fresh Orange Juice

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